

Counseling the Culturally Different

COU473

Syllabus

- 1) The Politics of Counseling (Chapter 1)
- 2) Sociopolitical Considerations of Trust and Mistrust in Multicultural Counseling (Chapter 4)
- 3) Barriers to Effective Multicultural Counseling (Chapter 2)
- 4) Barriers to Effective Multicultural Counseling (Continued)
- 5) Culturally Appropriate Intervention Strategies (Chapter 3)
- 6) Multicultural Family Counseling and Therapy (Chapter 6)
- 7) Racial and Cultural Identity Development: Therapeutic Intervention (Chapter 5)
- 8) White Racial Identity Development (Chapter 5)

Mid-Term Exam will be at the beginning of the class of the 5th week before presentations of Lessons 9 & 10.

- 9) Dimensions of Worldviews (Chapter 7)
- 10) Non-Western and Indigenous Methods of Healing
- 11) Becoming Multiculturally Competent (Chapter 8)
- 12) Counseling African Americans (Chapter 11)
- 13) Counseling Asian Americans (Chapter 10)
- 14) Counseling American Indians and Alaskan Natives (Chapter 9)
- 15) Counseling Hispanic Americans (Chapter 12)
- 16) Counseling Other Special Populations.

(This class meets for 3 hours per week for 8 weeks for 2 college credits)

Textbook

Counseling the Culturally Different: Theory and Practice, Second Edition; Derald Wing Sue and David Sue.

Course Requirements

- 1) Attendance.
- 2) Paper and oral presentation on counseling a specific cultural group, which will be due the 8th and Final Week of classes.
- 3) Mid-Term Exam
- 4) Final Exam